

# Group Reflections

When you come to the end of a topic or season, it's a great idea to pause and reflect on what has happened in you through the time you have had together. This page is set up with questions to spark your thoughts and ideas. Your group could use it when you come to the end of your current book, topic, or season, and if you share your reflections as part of a wrap-up discussion, you may find that everyone is encouraged!

Note: This file is a fillable PDF. It is set up so you can download the file, open it, type in responses, save, and print it.

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## LOOKING BACK

Choose a few questions that resonate with you and respond to them below.

1. What new insight did you gain in the group's discussions of the book or topic?
2. What was an area of growth for you in the group?
3. What has this group meant to you?
4. When were you most surprised by yourself? By the group?
5. What did you like about this group? What would you change?

## LOOKING FORWARD

1. What would you like to study or learn more about?
2. Who could you invite into the group?
3. Would you consider helping to start another group?

## PERMISSION

Hopefully, these reflections have encouraged you and your group! Would you also be willing to share what you have written with the Q Place team? If so, we may be able to use it to help others see the value of starting more groups like yours.

If you're willing for your thoughts from this Group Reflections page to be shared with others outside your group, please fill out the following permission form to let us know your preferences.

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I give permission for Q Place to publish any of my responses in print, email, or web and to be identified by (please check all that apply):

- my initials
- my first name
- city and state

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Name

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Phone and/or email  
(in case the Q Place team has a question)

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City, State

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Date

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Thank you! Group facilitators or participants may send Group Reflections to Q Place by mail or email.

mailing address:

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