

# TRIAL MEETING FORMAT

As everyone arrives, follow the plan that you as facilitators have set in advance, making the space welcoming, greeting everyone warmly, keeping on track with the time, and helping the group grow comfortable with each other.

## Welcome (1 min.)

Thank everyone for coming. Tell them how long the meeting will last and what time you'll end. Explain Q Place and your role as both facilitator and participant.

## Introductions (10 min.)

Ask everyone to give their name, where they live, and a favorite hobby. Go first, keeping it to a minute.

## Facilitate Icebreaker Questions (15-20 min.)

Respond first, modeling how much time to take, and giving everyone time to think. Examples:

- *Where are you from and what did living there teach you about life?*
- *What was the best time of your life? Why?*
- *What is one of your happiest childhood memories?*
- *What was the best gift you ever gave? . . . received?*
- *If you could relive one vacation, which would it be?*

## Ask the Main Question (15 min.)

Once the group is comfortable and connecting, explain that you have another question, and you would like to write down their answers because they could be the focus of another discussion. Let everyone know that they don't have to answer, and encourage the group to respond in any order (rather than going around the circle).

*If you could ask God one question and you knew that he would answer, what would you ask, and why?*

Be sure to use good listening skills. Don't attempt to answer their questions.

[See reverse side]

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## Read and Discuss (5 min.)

Explain that you would like to read a short statement a few times so they can think about it, and then you would like to hear their reaction to it. Read Proverbs 4:5-7 a few times, and then ask for their thoughts. At an appropriate time, ask, “If you believed this statement was true, how would you apply it?”

## Wrap Up and Conclude (10 min.)

### 1. Affirm the group’s participation and suggest meeting again.

*I have really enjoyed our time together! . . . What did you think? . . . I would love to have more discussions like this with you.*

### 2. Give options.

*If we were to meet again, what do you think about this idea? [pre-select option(s) to offer]*

- *We could use a variety of conversation starters for a discussion of important life questions. [Show [The Complete Book of Questions.](#)]*
- *We could discuss what the Bible says about a topic you have questions about—like anxiety or having purpose in life. [Show a few [Bible Conversation Cards.](#) (Get ahead of time.)]*
- *There is a video series called [The 7 Big Questions](#) that might help us discuss some of our questions for God. For example, one of the videos is “Why Does God Allow Pain and Suffering?”*
- *We could use a Bible discussion guide to read and discuss the events of Jesus’ life through the book of Mark in the Bible. [Show [Mark: Discover Jesus.](#)]*

### 3. Ask who is interested.

*Who’s in? You could also invite other friends who might be interested.*

### 4. Share contact information.

### 5. Discuss details.

*What day, time, and location would work for you?*

As participants are leaving, be sure to thank each one for coming.

After the meeting, decide who will contact each participant, to follow up and hear what they think about their experience in the Trial Meeting. Pray for everyone who came and for others who may also join you.

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*I have really enjoyed our time together! . . . What did you think? . . . I would love to have more discussions like this with you.*

### 12. Give options.

*If we were to meet again, what do you think about this idea? [pre-select option(s) to offer]*

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